The River of Life - Listening, Sound, Movement and Touch

A Healing Weekend for Women, with Heike Wegener

12 - 13 March 2016

Loudwater Farm, Rickmansworth, London

In this weekend we will practice reconnecting with the light and love that runs through us, learning to communicate and move authentically through the fullness of our strength and vulnerability as women:

❖ Exploring the mystical nature of our mental, physical, emotional and energetic bodies and attuning to their medicine,
❖ Awakening to feminine cellular wisdom, feminine eros and wholeness,
❖ Cultivating intuitive connectedness to the subtle whisper of life, through healing and prayer, silence and awakened creativity,
❖ Sharing our healing, talent and capacities with the generations to come, and expressing ourselves fully to contribute and serve in responsible ways in the world.

Contact: Halina Rozensztrauch, +44 (0) 7528 122 281 info@yogatree.org.uk
Cost: £150 before February 2016, £170 from 1st February onwards
Times: Saturday and Sunday 9:30 am - 5:30 pm
Place: Loudwater Farm WD3 4HG. A simple lunch will be provided. The farm is easily accessible by tube from central London, some onsite accommodation is available: www.loudwaterfarm.co.uk

“Heike is a role model for a very specific deep, earth feminine goddess. Her transmission of deep wisdom and body knowing is a blessing to us all.”

“In Heike’s circles our sharing becomes a living inquiry, an expression of the healing that we are and embody. She’s shown me how to bring more of myself into contact, creativity and life.”

Heike Wegener is a healer, trauma-therapist and osteopath, a dancer, listener, singer, traveller, mother, mystic and shaman, a lover of silence and a moving prayerful question. She is based in the community of Castle Glarisegg, at the edge of the forest on the banks of Lake Constance in Switzerland.

www.heikewegener.com